



☆ Allergy & Asthma Physicians of Central Kentucky, PSC

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New Patient Information

The following information is provided to you in order to make your visit(s) to our office as convenient as possible.

1. The enclosed card confirms the date and time of your first appointment and provides directions on how to reach our office. Be sure to take note of the **specific date and time** of your appointment as it appears on the card.
2. Please Allow 1-2 hours for your appointment
3. **Please return the enclosed form(s) by mail** or be certain to bring them with you.
4. Please bring a current copy of your insurance card to your appointment.
5. We require a 24 hour cancellation notice. If we do not receive a notice in the allotted time, we charge \$25 for follow-up visits and \$50 for new appointments.
6. A complete allergy survey may require one or possibly two additional trips to our office.
7. **Medications having antihistaminic effect interfere with allergy testing. They must not be taken for certain periods** of time prior to your appointment. Please

24 Hours:

Zantac, Pepcid, Tagamet - (Cimetidin HCl)

Antihistamines to avoid:

3-Days Prior

Benadryl, Atarax, Hydroxyzine (all forms), Phenergan, Actifed, Chlor-Trimeton, Etc.

5-Days Prior

Claritin, Zyrtec, Alavert, Xyzal, Allegra

Nasal Sprays to avoid:

3-Days Prior

Astelin, Astepro, Patanase

Antidepressants to avoid:

5-Days Prior

Elavil, Sinegran (Doxepin), Imipramine

Over-the-counter sleeping preparations with Benadryl - three days.

All other medications including other antidepressants not listed above should be continued as prescribed. If you have any questions regarding discontinuation of a specific medication, please consult your prescribing physician.

8. If you are taking a **beta blocker** medication, *please contact our office one week* prior to your appointment.
9. Copies of any recent laboratory or x-ray reports or previous allergy studies and other pertinent medical studies may be important and should either be sent beforehand or brought along.